



COUNCIL QUESTS

—— Josephine’s Journey ——
Hidden Heroine



Senior



Ambassador

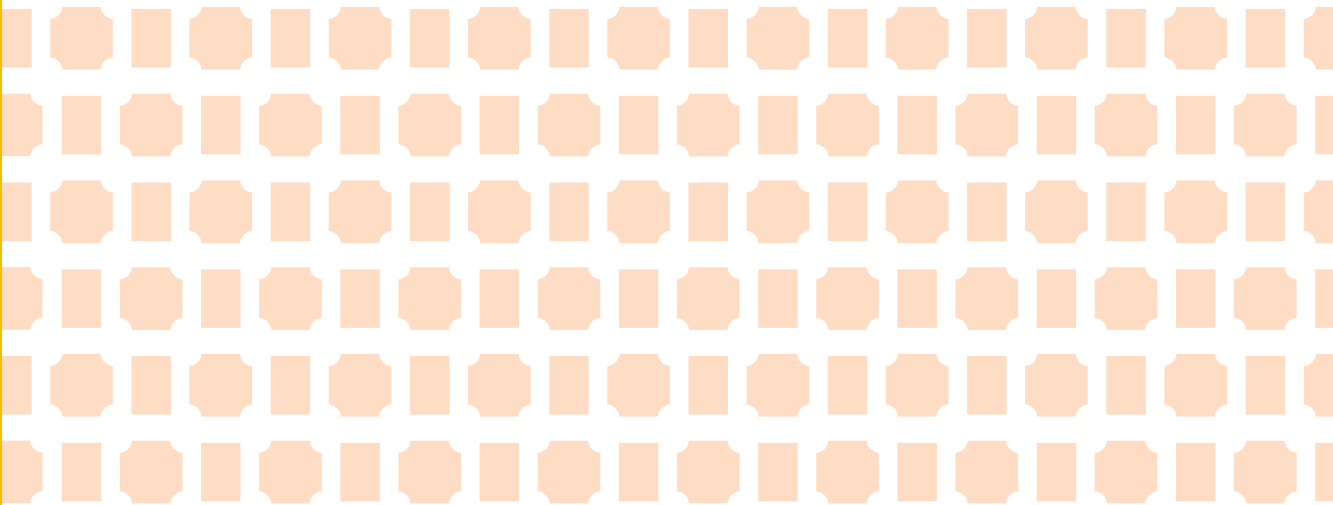




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Session 1: “I Am” Poem

I am _____

I am _____

I am _____

I am _____

I am _____

I am _____

I am _____

I am _____

I am _____

I am _____

I Am a Girl Scout



Session 1: Traits of a Heroine

My Strongest Traits:

Traits I'd Like to Develop:



Session 2: Inside/Outside

Outer Circle

Inner Circle



Session 3: Circles of Influence

List the first person who comes to mind for each of the following prompts.

Doctor _____

Neighbor _____

Best friend _____

Celebrity crush _____

Child you know _____

Favorite teacher growing up _____

Favorite teacher now _____

Religious or spiritual leader _____

Favorite actor _____

Favorite musician _____

Star of last movie you saw _____

Author of last book you read _____

Favorite kind of food _____

Who cuts/styles your hair _____

Person you admire as a leader _____



Session 3: Honoring Heroines

Use this space for brainstorming.

List out your steps below:

1.

2.

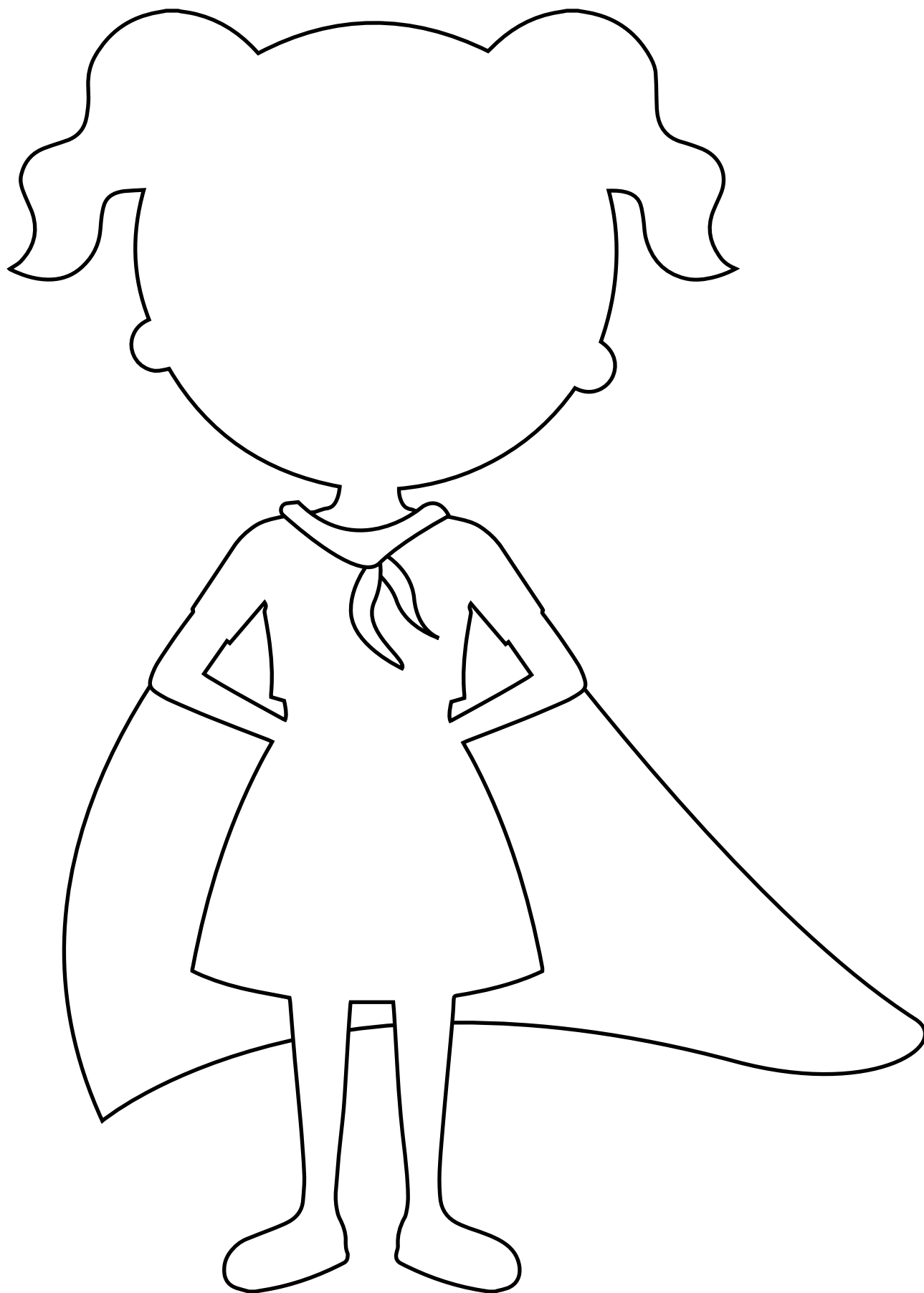
3.

4.

5.



Session 3: Anatomy of a Heroine



Session 3: Becoming a Heroine

I'm Proud of...

Goal Tracker

Write down your goal for each week for the next 12 weeks. Then follow up to keep yourself on track!

Areas for Improvement:

1. _____
2. _____
3. _____

Brainstorm your skill development ideas:

☐ Week 1 _____

☐ Week 2 _____

☐ Week 3 _____

☐ Week 4 _____

☐ Week 5 _____

☐ Week 6 _____

☐ Week 7 _____

☐ Week 8 _____

☐ Week 9 _____

☐ Week 10 _____

☐ Week 11 _____

☐ Week 12 _____



Session 4: My Big Idea

What change do you want to see in the world?
Write down your BIG IDEA.

What steps do you need to complete to get this done? Break your idea down into 5 action steps.

1. _____

2. _____

3. _____

4. _____

5. _____

